

DERBY 10 MILE 2023 RACE REPORT

The 7th Derby 10 Mile took place on Sunday, 19th November, 2023. A seasonably overcast and breezy morning was welcomed by runners as they embarked on the iconic Derby Arena, venue host for this year's race.

There was a good turnout on race morning and an impressive field of elite runners took part.

The first runner over the line this year was **Dougie Musson** in 49:21, second was **Charlie Brisley** of Newham & Essex Beagles AC in 49:27 and third was **Will Battershill** of Erme Valley harriers in 49:45.

The first female to cross the line was **Hayley Gill** of Matlock Athletics Club in 1:00:22. In second place, **Joanna Male** of Long Eaton Running Club in 01:01:00 and in third place was **Abby Halcarz** of Tamworth AC in 01:01:15.

Course Records remain intact from our 2021 races. Male Record: 48:37 Ross Millington, Stockport Harriers & AC (2021) Female Record: 56:17 Jip Vastenburg, Stockport Harriers & AC (2021).

In the Race Village, runners had the chance to visit headline sponsors Available Car, the Derby Runner stall, and to receive a complimentary pre and post-race sports massage by students from the University of Derby. Smalls Kitchen were on hand to serve their protein balls and a team of runners raising funds Connell McNelis' Fundraiser. Our official race charity Annabel's Angels were active throughout the race including a manned water station out on the course.

The Derby 10 Mile event was only possible with thanks to all the race sponsors and amazing volunteers.

The 8th Derby 10 Mile will take place on 17th November 2024 and there is an early bird discount plus offers with a Triple Package bundle including Carsington 7+, Wilne 10k and Derby 10 Mile, and Autumn Package incorporating the Wilne 10k and Derby 10 Mile in 2024.