

Female

Overall Women

Pos	Raceno	Name	Cat	Club	Time
	1	30 Charlotte Taylor			00:57:51
	2	31 Alice Belcher		Wellingborough & District AC	00:58:34
	3	32 Abbey van Dijk		Derby Athletic Club	00:59:49
	4	2007 Abbie Pearse		Steel City Striders RC	01:00:31
	5	33 Tracy Hinxman	50	Gloucester AC	01:03:32

Cat 40 - 49

Pos	Raceno	Name	Cat	Club	Time
	1	222 Amanda Deavy	40	Northbrook Athletic Club	01:04:51
	2	2145 Faye Stanyard	40	Bromsgrove and Redditch	01:05:21
	3	220 Helen Woods	40	Kimberley & District Striders	01:06:32
	4	210 Sophie Eadsforth	40	Beeston AC	01:07:36
	5	229 Amy Wheeler	40		01:08:00

Cat 50 - 59

Pos	Raceno	Name	Cat	Club	Time
	1	33 Tracy Hinxman	50	Gloucester AC	01:03:32
	2	2152 Maree Jesson	50	Corby AC	01:11:45
	3	249 Kirsty Price	50	Halesowen ACC	01:12:59
	4	394 Penny Masser	50	Hinckley Running Club	01:13:07
	5	416 Christine Heaton	50	Holme Pierrepont RC	01:15:35

Cat 60 - 69

Pos	Raceno	Name	Cat	Club	Time
	1	433 Jill Burke	60	Derby Athletic Club	01:17:52
	2	479 Christine Bexton	60	Beeston AC	01:22:09
	3	593 Ros Johnson	60	Ilkeston Running Club	01:23:27
	4	740 Sarah High	60	Grantham Running Club	01:25:28
	5	1040 Helen Finn	60	Ivanhoe Runners	01:25:49

Cat 70 +

Pos	Raceno	Name	Cat	Club	Time
	1	1223 Angela McKay	70	Massey Ferguson RC	01:41:36
	2	1070 Heather Mitchell	70	Dewsbury Road Runners	01:43:34
	3	1522 Val Brockwell	70	Portslade Hedgehoppers	01:46:17
	4	1239 Valerie Lindsey	70	Long Eaton Running Club	01:52:55
	5	1325 Christine Todd	70		01:57:57

Male

Overall Men

Pos	Raceno	Name	Cat	Club	Time
	1	2008 Ben Connor			00:49:32
	2	2010 Dougie Musson		Notts AC	00:50:55
	3	2009 Elisha de Mello		Hallamshire Harriers Sheffield	00:51:09
	4	7 Daniel Haymes		Derby Athletic Club	00:51:17
	5	8 Sam Costley		Southampton Athletic Club	00:51:24

Cat 40 - 49

Pos	Raceno	Name	Cat	Club	Time
	1	1 Karl Welborn	40	Birmingham Running Athletics & Triathlon Club	00:51:43
	2	9 Jon Bowie	40	Shrewsbury AC	00:52:46
	3	2005 Orlando Corea	40	Birchfield Harriers	00:53:44
	4	64 Chris Jordan	40	Nuneaton Harriers	00:54:46
	5	2101 Ludovic Renou	40	Leicester Coritanian AC	00:55:21

Cat 50 - 59

Pos	Raceno	Name	Cat	Club	Time
	1	63 Andrew Leach	50	North Herts Road Runners	00:55:47
	2	96 Chris Nicoll	50	Derby Triathlon Club	00:57:10
	3	84 Gordy Smith	50	Tadworth AC	00:58:17
	4	215 Matthew Bottomore	50	Mansfield Harriers	01:01:20
	5	144 Matt Gresty	50	Birmingham Running Athletics & Triathlon Club	01:02:15

Cat 60 - 69

Pos	Raceno	Name	Cat	Club	Time
	1	137 Chris Ireland	60	Sheffield RC	01:02:21
	2	136 Steve Cunningham	60	Essington Harriers Running Club	01:03:13
	3	2136 Martin Walters	60	Holme Pierrepont RC	01:05:05
	4	230 Alistair Chambers	60	Ivanhoe Runners	01:06:00
	5	193 Philip Brayford	60	Aldridge RC	01:08:07

Cat 70 +

Pos	Raceno	Name	Cat	Club	Time
	1	341 Peter Hough	70	Shropshire Shufflers	01:11:19
	2	461 David Pettifer	70	Kenilworth Runners	01:21:59
	3	873 Michael Parrott	70		01:33:29
	4	1693 Alan Langton	70	Derwent Runners (Derby)	01:33:54
	5	2517 Christopher Gill	70	St Theresa's A.C.	01:41:45