

Please find below race day details for the Derby 10 Mile on **Sunday 14<sup>th</sup> November** Starting at 11.02

You are in **Zone: 4 – Thulston**

**Meeting Point and Car Parking** [Click here](#) for the directions to the Blue Jay Pub Car Park

Meeting Time: **10:00 am** (Finish Time around 12:30)

Please **sign in and out** with your Zone Leader **Heather Wesson** so we can track who is part of the event. This will also serve as a record of hours so that a certificate of voluntary hours can be sent where requested. This will be sent electronically to the e mail address provided at time of registration.

Your Zone leader will issue you with a Marshal Bib, snack bar and water and essential contacts list and what to do in the eventuality of an emergency when you meet them. The mobile number supplied is only to be used on the day during the race.

You can expect to finish around 12.30. **You must sign out** with your leader who will issue you a voucher for a finishers tee shirt if chosen.

### **Wrap up warm**

We strongly recommend that you wear layers of clothing and bring waterproofs/ warm coat, along with hat scarf and gloves. There will be some walking to do. Suitable footwear is essential to keep your feet warm and dry. A back pack will be handy to carry your waterproofs and snacks. Please remember how cold it gets in November and you may feel even colder standing around. Layer your clothes especially your socks to insulate your body. If it's sunny, don't forget your suncream!

### **Covid 19 Precautions**

Please make sure you read our Volunteer Terms and Conditions policy [here](#)

In the event you can no longer attend, you must inform us by replying to this e mail.

We look forward to seeing you on race day

**LEIGH DIAS**

**Volunteer Co-ordinator**